

# October 2019

## EAST GREENWICH TOWNSHIP SCHOOLS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Did You Know?</b></p> <p>Columbus Day is celebrated the second Monday every October.</p>	<p><b>1</b></p> <p>WGR FRENCH TOAST STICKS HASH BROWNS PEAS</p> <p>LUNCH BAG EXPRESS: CHEESE ON WGR ROLL</p>	<p><b>2</b></p> <p>WGR CHICKEN PATTY RICE CARROTS</p> <p>LUNCH BAG EXPRESS: PEPPERONI &amp; CHEESE ON WGR ROLL</p>	<p><b>3</b></p> <p>MEATBALLS ON A WGR ROLL GREEN BEANS</p> <p>LUNCH BAG EXPRESS: HAM &amp; CHEESE ON WGR ROLL</p>	<p><b>4</b></p> <p>WGR STUFFED CRUST PIZZA ASSORTED VEGETABLE STICKS W/DIPS</p> <p>LUNCH BAG EXPRESS: TUNA SALAD ON A WGR ROLL</p>
<p><b>7</b></p> <p>BBQ RIBBIE ON WGR ROLL CORN</p> <p>LUNCH BAG EXPRESS: EGG SALAD ON A WGR ROLL</p>	<p><b>8</b></p> <p>WGR WAFFLES SAUSAGE SCRAMBLED EGGS W/CHEESE PEAS</p> <p>LUNCH BAG EXPRESS: TURKEY &amp; CHEESE ON A WGR ROLL</p>	<p><b>9</b></p> <p>WGR CHICKEN NUGGETS BROCCOLI BUTTERED NOODLES</p> <p>LUNCH BAG EXPRESS: HAM &amp; CHEESE ON A WGR ROLL</p>	<p><b>10</b></p> <p>CHEESE STEAK ON WGR ROLL GREEN BEANS</p> <p>LUNCH BAG EXPRESS: CHEESE ON WGR ROLL</p>	<p><b>11</b></p> <p>WGR 4X6 PIZZA ASSORTED VEGETABLE STICKS W/DIPS</p> <p>LUNCH BAG EXPRESS: TUNA SALAD ON A WGR ROLL</p>
<p><b>14</b></p> <p>SCHOOL CLOSED</p>	<p><b>15</b></p> <p>WGR PRETZEL FACTORY PRETZELS CHEESE SAUCE YOGURT</p> <p>LUNCH BAG EXPRESS: EGG SALAD ON WGR ROLL</p>	<p><b>16</b></p> <p>WGR POPCORN CHICKEN MASHED POTATO W/GRAVY MIXED VEGETABLES</p> <p>LUNCH BAG EXPRESS: PEPPERONI &amp; CHEESE ON WGR ROLL</p>	<p><b>17</b></p> <p>TACOS ON WGR TORTILLA OR TACO SALAD RICE/CORN</p> <p>LUNCH BAG EXPRESS: TURKEY &amp; CHEESE ON WGR ROLL</p>	<p><b>18</b></p> <p>WGR FRENCH BREAD PIZZA ASSORTED VEGETABLE STICKS W/DIPS</p> <p>LUNCH BAG EXPRESS: TUNA SALAD ON WGR ROLL</p>
<p><b>21</b></p> <p>WGR PIZZA STICKS WITH MARINARA GREEN BEANS</p> <p>LUNCH BAG EXPRESS: LUNCH BAG EXPRESS: EGG SALAD ON WGR ROLL</p>	<p><b>22</b></p> <p>WGR FRENCH TOAST STICKS HASH BROWN SAUSAGE</p> <p>LUNCH BAG EXPRESS: CHEESE ON WGR ROLL</p>	<p><b>23</b></p> <p>WGR CHICKEN PATTY ON WGR ROLL MACARONI SALAD CARROTS</p> <p>LUNCH BAG EXPRESS: HAM &amp; CHEESE ON WGR ROLL</p>	<p><b>24</b></p> <p>WGR GRILLED CHEESE TOMATO SOUP CORN</p> <p>LUNCH BAG EXPRESS: PEPPERONI &amp; CHEESE ON WGR ROLL</p>	<p><b>25</b></p> <p>WGR PIZZA TOSSED SALAD WITH ASSORTED DRESSINGS</p> <p>LUNCH BAG EXPRESS: TUNA SALAD ON WGR ROLL</p>
<p><b>28</b></p> <p>WGR MOZZERELLA STICKS W/MARINARA INSIDE GREEN BEANS</p> <p>LUNCH BAG EXPRESS: EGG SALAD ON WGR ROLL</p>	<p><b>29</b></p> <p>WGR WAFFLES SCRAMBLED EGGS W/ CHEESE SAUSAGE CARROTS</p> <p>LUNCH BAG EXPRESS: HAM &amp; CHEESE ON WGR ROLL</p>	<p><b>30</b></p> <p>WGR CHICKEN TENDERS RICE/CORN</p> <p>LUNCH BAG EXPRESS: CHICKEN SALAD ON WGR ROLL</p>	<p><b>31</b></p> <p>SUPER PRETZEL CHEESE SAUCE YOGURT PEAS</p> <p>LUNCH BAG EXPRESS: PEPPERONI &amp; CHEESE ON WGR ROLL</p>	

MILK-.60  
WATER-8OZ-.70  
ORANGE JUICE--\$.70  
ICE CREAM--\$.45 TO- \$1.25  
YOGURT--\$.70  
LUNCH BAG EXPRESS  
WILL INCLUDE  
ENTRÉE', JUICE/FRUIT, MILK  
MONTHLY ALTERNATE:  
CHEESE BURGER ON A WGR ROLL

OFFERED DAILY:  
\*HOT DOG ON WGN ROLL  
\*SMALL CHEF SALAD:  
INCLUDES, FRUIT AND MILK  
\*PEANUT BUTTER AND JELLY  
ON WHITE WHOLE GRAIN BREAD  
\*VEGETABLES/FRUIT  
(CHOICE OF TWO VEGETABLES AND TWO FRUITS )  
\*CELERY & CARROT STICKS  
OFFERED DAILY

ENTRÉE', CHOICE OF (2)  
VEGETABLES, FRUIT & MILK  
**\$3.00**

ENTRÉE ONLY- \$2.25  
EXTRA ENTRÉE (A LA CARTE)  
\$1.75

PRETZEL SALE- \$.65  
THUR  
ASSORTED NUTRITIOUS SNACKS-  
\$.65-\$2.00(1/2 DAY ASSORTED  
SNACKS AVAILABLE!!!  
ASSORTED JUICES-\$ .70

NO SUBJECT TO CHANGE  
FOOD SERVICE DIRECTOR  
TAMMIE S. ZANE  
856-423-1442 EXT. 1043

