



Family Mental Health Night

BUILD A "WORRY" BEAR

Please join members of the East Greenwich Mental Health Team for the second Family Mental Health Night of the year...Build a Worry Bear! We will build a bear, discuss worries, and learn strategies to ease worries as we come back from winter break! After the bear is built we will enjoy a teddy bear picnic with themed snacks to share as a family!

January 16th - 5:00pm - Clark Library

Every family will leave with their very own bear!
(Space is limited to the first 50 families— sign up early!)

[Register here!](#)



Questions? Contact Emery Brown
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