



East Greenwich Anxiety Series



SAVE THE DATE



2025

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| JAN 16 | <p><u>FAMILY MENTAL HEALTH NIGHT: BUILD A "WORRY" BEAR</u></p> <p>Clark Library 5-6:30pm</p> |
| JAN 23 | <p><u>DR. RAY CHRISTNER HANDLING ANXIETY</u></p> <p>2-3pm Virtual</p> |
| JAN 23 | <p><u>DR. RAY CHRISTNER HANDLING ANXIETY</u></p> <p>6pm-7pm Location TBD</p> |
| APRIL 1 | <p><u>FAMILY MENTAL HEALTH NIGHT: WORRY STONES</u></p> <p>Mickle Gym 5-6:30pm</p> |

Click to Register!



Questions? Contact: browne@eastgreenwich.k12.nj.us