

# How do I know if my student needs to quarantine?

## COVID-19 Compatible Symptoms

**Complete EG COVID-19 Symptom Screening Daily**

<p>Column A: Please indicate if you have any of the symptoms below.</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Fever (measured or subjective)</li><li><input type="checkbox"/> Chills or shivers</li><li><input type="checkbox"/> Myalgia (muscle aches)</li><li><input type="checkbox"/> Headache</li><li><input type="checkbox"/> Sore Throat</li><li><input type="checkbox"/> Nausea or Vomiting</li><li><input type="checkbox"/> Diarrhea</li><li><input type="checkbox"/> Fatigue</li><li><input type="checkbox"/> Congestion or runny nose</li><li><input type="checkbox"/> I have no symptoms in this category.</li></ul>	<p>If <b>TWO OR MORE</b> symptoms in Column A are checked off <b>OR ONE</b> symptom in Column B is checked off, please stay home and notify the school for further instructions.</p> <p>Column B: Please indicate if you have any of the symptoms below.</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Cough</li><li><input type="checkbox"/> Shortness of Breath</li><li><input type="checkbox"/> Difficulty Breathing</li><li><input type="checkbox"/> New loss of smell</li><li><input type="checkbox"/> New loss of taste</li><li><input type="checkbox"/> I have no symptoms in this category.</li></ul>
--	--

When filling out the COVID-19 daily screener, please keep your student home and contact us if your student has COVID Compatible Symptoms. Covid Compatible Symptoms are 2 symptoms in column A or one in column B.

Please note that you do **not** need to notify us, or quarantine, if your student has only **ONE** symptom from Column A, or any symptom *not* on this list above. Please use your best judgement on whether to send your student to school if he or she may be feeling sick with another type of symptom.

To assist us in gauging the risk in our school community and to assist us with contact tracing and the possibility of quarantine or isolation needs when applicable, we ask that you notify us if:

- Your student meets the Covid Compatible Symptom Criteria above;
- If your student lives with someone with Covid Compatible Symptom Criteria above;
- If your student is a “close contact” of someone that meets the Covid Compatible Symptom Criteria above;
- If your student has been close contact or live with someone diagnosed with COVID-19;
- If your student has been in close contact or live with someone being tested for COVID-19; or
- If your student has been identified as a COVID-19 positive case.

Given substantial community spread of COVID-19 throughout New Jersey, NJDOH continues to recommend quarantine for 14 days where feasible to reduce the risk of spread of COVID-19 and particularly for persons who live with or care for persons at high risk of severe complications for COVID-19 (older adults, persons with underlying conditions or obesity, and pregnant women).

Michele Brown, BSN, RN, CSN-NJ <a href="mailto:brownmi@eastgreenwich.k12.nj.us">brownmi@eastgreenwich.k12.nj.us</a> (856) 423-0412, ext 1037	Christine Calhoun, BS RN CSN-NJ <a href="mailto:calhounc@eastgreenwich.k12.nj.us">calhounc@eastgreenwich.k12.nj.us</a> (856) 423-0412, ext 1022	Colleen Bowen, RN <a href="mailto:BowenD@eastgreenwich.k12.nj.us">BowenD@eastgreenwich.k12.nj.us</a> Monique Mihlebach, RN <a href="mailto:mihlebachm@eastgreenwich.k12.nj.us">mihlebachm@eastgreenwich.k12.nj.us</a>
--	---	--