**Health and Physical Education**

**3rd Grade Rubric**

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| --- | --- | --- | --- |
| Standard | Masters the Standard | Working Toward the Standard | Not Meeting the Standard |
| **Explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness (Bowling, Volleyball, Kick ball, Basketball).** | Student can explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can explain throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness |
| |  | | --- | |  | | **Demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). (Bowling, Volleyball, Kick ball, Basketball).** | | Student independently, can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student most of the time can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student needs assistance to demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). |
| |  | | --- | |  | | **Demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities.** | | Student demonstrates appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities | Student needs cues to demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities | Student needs improvement in demonstrating appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities not |
| |  | | --- | | **Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs (Drugs, Tobacco, Alcohol)** | | Student can explain and identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs | |  | | --- | | Student can explain decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs | | Student can Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learn  Forgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learn  Forgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learn  Forgot sneakers 6 or more times |

**Health and Physical Education**

**4th Grade Rubric**

|  |  |  |  |
| --- | --- | --- | --- |
| Standard | Masters the Standard | Working Toward the Standard | Not Meeting the Standard |
| **Explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness. (Bowling, Volleyball, Kick ball, Basketball).** | Student can explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can explain throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness |
| |  | | --- | |  | | **Demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). (Bowling, Volleyball, Kick ball, Basketball).** | | Student independently, can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student most of the time can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student needs assistance to demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). |
| |  | | --- | |  | | **Demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities.** | | Student demonstrates appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities | Student needs cues to demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities | Student needs improvement in demonstrating appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities not |
| |  | | --- | | **Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs** | | Student can explain and identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs | |  | | --- | | Student can explain decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs | | Student can Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learn  Forgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learn  Forgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learn  Forgot sneakers 6 or more times |

**Health and Physical Education**

**5th Grade Rubric**

|  |  |  |  |
| --- | --- | --- | --- |
| Standard | Masters the Standard | Working Toward the Standard | Not Meeting the Standard |
| **Explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness. (Bowling, Volleyball, Kick ball, Basketball).** | Student can explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can explain throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness |
| |  | | --- | |  | | **Demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). (Bowling, Volleyball, Kick ball, Basketball).** |   **.** | Student independently, can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student most of the time can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student needs assistance to demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). |
| |  | | --- | |  | | **Demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities.** | | Student demonstrates appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities | Student needs cues to demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities | Student needs improvement in demonstrating appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities not |
| |  | | --- | | **Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs. (Drugs, Tobacco, Alcohol)** | | Student can explain and identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs | |  | | --- | | Student can explain decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs | | Student can Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learn  Forgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learn  Forgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learn  Forgot sneakers 6 or more times |

**Health and Physical Education**

**6th Grade Rubric**

|  |  |  |  |
| --- | --- | --- | --- |
| Standard | Masters the Standard | Working Toward the Standard | Not Meeting the Standard |
| |  | | --- | | **Explain and demonstrate movements that combine mechanically correct movement sequences (Bowling, Volleyball, Kick ball, Basketball).** | | Student can   |  | | --- | | explain and demonstrate movements that combine mechanically correct movement sequences | | Student can   |  | | --- | | demonstrate movements that combine mechanically correct movement sequences | | Student can   |  | | --- | | Explain movements that combine mechanically correct movement sequences | |
| |  | | --- | |  | | |  | | --- | | **Create and demonstrate offensive and defensive strategies and plays in a variety of game settings (Bowling, Volleyball, Kick ball, Basketball).** | |  | | | Student can create   |  | | --- | | and demonstrate offensive and defensive strategies and plays in a variety of game settings |  |  | | --- | |  | | |  | | --- | | Student can demonstrate offensive and defensive strategies and plays in a variety of game settings |   . | Student can.   |  | | --- | | create offensive and defensive strategies and plays in a variety of game settings | |
| |  | | --- | |  | | **Demonstrate and fairly enforce various rules during game play exhibiting appropriate sportsmanship.** | | Student can  demonstrate and fairly enforce various rules during game play exhibiting appropriate sportsmanship. | Student needs cues to  demonstrate and fairly enforce various rules during game play exhibiting appropriate sportsmanship. | Student needs improvement in  Demonstrating and fairly enforce various rules during game play exhibiting appropriate sportsmanship. |
| |  | | --- | |  |  |  | | --- | | **Compare and contrast how the effects of alcohol, tobacco, and other drugs vary in different people.** | | |  | | --- | | Student can independently | | Compare and contrast how the effects of alcohol, tobacco, and other drugs vary in different people. | | |  | | --- | | Student needs cues to | |  | | Compare and contrast how the effects of alcohol, tobacco, and other drugs vary in different people. | | Student needs assistance in   |  | | --- | | Compare and contrast how the effects of alcohol, tobacco, and other drugs vary in different people . | |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learn  Forgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learn  Forgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learn  Forgot sneakers 6 or more times |