**Health and Physical Education**

**3rd Grade Rubric**

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| Standard | Masters the Standard | Working Toward the Standard | Not Meeting the Standard |
| **Explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness (Bowling, Volleyball, Kick ball, Basketball).** | Student can explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can explain throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness |
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| **Demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). (Bowling, Volleyball, Kick ball, Basketball).** |

 | Student independently, can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student most of the time can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student needs assistance to demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). |
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| **Demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities.**  |

 | Student demonstrates appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities | Student needs cues to demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities  | Student needs improvement in demonstrating appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities not  |
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|  **Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs (Drugs, Tobacco, Alcohol)** |

 | Student can explain and identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs |

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| Student can explain decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs  |

 | Student can Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs  |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learnForgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learnForgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learnForgot sneakers 6 or more times |

**Health and Physical Education**

**4th Grade Rubric**

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| Standard | Masters the Standard | Working Toward the Standard | Not Meeting the Standard |
| **Explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness. (Bowling, Volleyball, Kick ball, Basketball).** | Student can explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can explain throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness |
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| **Demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). (Bowling, Volleyball, Kick ball, Basketball).** |

 | Student independently, can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student most of the time can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student needs assistance to demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). |
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| **Demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities.**  |

 | Student demonstrates appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities | Student needs cues to demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities  | Student needs improvement in demonstrating appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities not  |
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|  **Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs** |

 | Student can explain and identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs |

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| Student can explain decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs  |

 | Student can Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs  |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learnForgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learnForgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learnForgot sneakers 6 or more times |

**Health and Physical Education**

**5th Grade Rubric**

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| Standard | Masters the Standard | Working Toward the Standard | Not Meeting the Standard |
| **Explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness. (Bowling, Volleyball, Kick ball, Basketball).** | Student can explain and demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can demonstrate throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness | Student can explain throwing, catching, dribbling, shooting, and striking an object from a stationary position with mechanical correctness |
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| **Demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). (Bowling, Volleyball, Kick ball, Basketball).** |

**.** | Student independently, can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student most of the time can demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). | Student needs assistance to demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). |
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| **Demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities.**  |

 | Student demonstrates appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities | Student needs cues to demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities  | Student needs improvement in demonstrating appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities not  |
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|  **Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs. (Drugs, Tobacco, Alcohol)** |

 | Student can explain and identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs |

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| Student can explain decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs  |

 | Student can Identify decision making skills and how they relate to decisions involving the use of alcohol, tobacco, and other drugs |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learnForgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learnForgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learnForgot sneakers 6 or more times |

**Health and Physical Education**

**6th Grade Rubric**

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| Standard | Masters the Standard | Working Toward the Standard | Not Meeting the Standard |
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|  **Explain and demonstrate movements that combine mechanically correct movement sequences (Bowling, Volleyball, Kick ball, Basketball).** |

 |  Student can

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|  explain and demonstrate movements that combine mechanically correct movement sequences  |

 |  Student can

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| demonstrate movements that combine mechanically correct movement sequences  |

 |  Student can

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|  Explain movements that combine mechanically correct movement sequences  |

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|  **Create and demonstrate offensive and defensive strategies and plays in a variety of game settings (Bowling, Volleyball, Kick ball, Basketball).** |
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 | Student can create

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|  and demonstrate offensive and defensive strategies and plays in a variety of game settings  |

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| Student can demonstrate offensive and defensive strategies and plays in a variety of game settings  |

. | Student can.

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|  create offensive and defensive strategies and plays in a variety of game settings  |

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| **Demonstrate and fairly enforce various rules during game play exhibiting appropriate sportsmanship.**  |

 | Student candemonstrate and fairly enforce various rules during game play exhibiting appropriate sportsmanship.  | Student needs cues todemonstrate and fairly enforce various rules during game play exhibiting appropriate sportsmanship.  | Student needs improvement in Demonstrating and fairly enforce various rules during game play exhibiting appropriate sportsmanship.  |
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| **Compare and contrast how the effects of alcohol, tobacco, and other drugs vary in different people.** |

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| Student can independently  |
| Compare and contrast how the effects of alcohol, tobacco, and other drugs vary in different people. |

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| Student needs cues to  |
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| Compare and contrast how the effects of alcohol, tobacco, and other drugs vary in different people.  |

 | Student needs assistance in

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| Compare and contrast how the effects of alcohol, tobacco, and other drugs vary in different people . |

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| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learnForgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learnForgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learnForgot sneakers 6 or more times |