**3rd Grade Rubric**

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| **Standard** | **Masters the Standard** | **Working Toward the Standard** | **Not Meeting the Standard** |
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|  **Demonstrate appropriate control when engaging in game, activity, or dance in various applied settings (Soccer, Fitness testing, Hockey, Team and Recess Games).** |

 | Student can explain and demonstrate appropriate control when engaging in game, activity, or dance in various applied settings  | Student can demonstrate appropriate control when engaging in game, activity, or dance in various applied settings  | Student can explain appropriate control when engaging in game, activity, or dance in various applied settings  |
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| **Explain and demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components.** |

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 | Explain and demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components. | Student can demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components. |

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|  | Student can explain specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components. |

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|  **Identify the characteristics of good sportsmanship that are displayed by both players and observers**  |

 | Student demonstrates the characteristics of good sportsmanship that are displayed by both the player and observer. | Student needs cues to demonstrate the characteristics of good sportsmanship that are displayed by both the player and observer. | Student needs improvement in the characteristics of good sportsmanship that are displayed by both the player and observer.  |
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| **Determine how an individual’s character develops over time and impacts personal health (Wellness)** |

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| Student can explain and identify how an individual’s character develops over time and impacts personal health (physical, mental, emotional, social) |

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| Student can explain  |

How an individual’s character develops over time and impacts personal health (physical, mental, emotional, social**)** |

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| Student can Identify  |

how an individual’s character develops over time and impacts personal health (physical, mental, emotional, social) |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learnForgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learnForgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learnForgot sneakers 6 or more times |

**4th Grade Rubric**

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| **Standard** | **Masters the Standard** | **Working Toward the Standard** | **Not Meeting the Standard** |
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**Demonstrate appropriate control when engaging in game, activity, or dance in various applied settings** **(Soccer, Fitness testing, Hockey, Team and Recess Games).** | Student can explain and demonstrate appropriate control when engaging in game, activity, or dance in various applied settings  | Student can demonstrate appropriate control when engaging in game, activity, or dance in various applied settings  | Student can explain appropriate control when engaging in game, activity, or dance in various applied settings  |
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| **Explain and demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components.).** |

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 | Explain and demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components | Student can demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components. | Student can explain specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components. |
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|  **Identify the characteristics of good sportsmanship that are displayed by both players and observers**  |

 | Student demonstrates the characteristics of good sportsmanship that are displayed by both the player and observer. | Student needs cues to demonstrate the characteristics of good sportsmanship that are displayed by both the player and observer. | Student needs improvement in the characteristics of good sportsmanship that are displayed by both the player and observer.  |
| **Determine how an individual’s character develops over time and impacts personal health** **(Wellness)** | Student can explain and identify how an individual’s character develops over time and impacts personal health (physical, mental, emotional, social) |

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| Student can explain  |

How an individual’s character develops over time and impacts personal health (physical, mental, emotional, social |

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| Student can Identify  |

how an individual’s character develops over time and impacts personal health (physical, mental, emotional, social) |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learnForgot sneakers 1-2 times  | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learnForgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learnForgot sneakers 6 or more times |

**5th Grade Rubric**

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| **Standard** | **Masters the Standard** | **Working Toward the Standard** | **Not Meeting the Standard** |
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**Demonstrate appropriate control when engaging in game, activity, or dance in various applied settings (Soccer, Fitness testing, Hockey, Team and Recess Games).** | Student can explain and demonstrate appropriate control when engaging in game, activity, or dance in various applied settings  | Student can demonstrate appropriate control when engaging in game, activity, or dance in various applied settings  | Student can explain appropriate control when engaging in game, activity, or dance in various applied settings  |
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| **Explain and demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components.** |
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 | Explain and demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components | Student can demonstrate specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components | Student can explain specific exercises, activities, and strategies that will maintainAnd improve health and skill related fitness components | Student can explain specific exercises, activities, and strategies that will maintain or improve health and skill related fitness components. |
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|  **Identify the characteristics of good sportsmanship that are displayed by both players and observers**  |

 | Student demonstrates the characteristics of good sportsmanship that are displayed by both the player and observer. | Student needs cues to demonstrate the characteristics of good sportsmanship that are displayed by both the player and observer. | Student needs improvement in the characteristics of good sportsmanship that are displayed by both the player and observer.  |
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|  | **Determine how an individual’s character develops over time and impacts personal health (Wellness)** |

 | Student can explain and identify how an individual’s character develops over time and impacts personal health (physical, mental, emotional, social) |

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| Student can explain  |

How an individual’s character develops over time and impacts personal health (physical, mental, emotional, social |

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| Student can Identify  |

how an individual’s character develops over time and impacts personal health (physical, mental, emotional, social) |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learnForgot sneakers 1-2  | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learnForgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learnForgot sneakers 6 or more times |

**6th Grade Rubric**

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| **Standard** | **Masters the Standard** | **Working Toward the Standard** | **Not Meeting the Standard** |
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|  **Identify and demonstrate the use of various shots / skills used during practice / game play** **(Soccer, Fitness testing, Hockey, Team and Recess Games).** |

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|  Student can Identify and demonstrate the use of various shots / skills used during practice / game play  |

 |  Student can demonstrate the use of various shots / skills used during practice / game play  |  Student can Identify the use of various shots / skills used during practice / game play  |
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| **Define the differences between skill and health related fitness and explain how the respective components can be enhanced through practice/ training.** |

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| Student can  |
| Define the differences between skill and health related fitness and explain how the respective components can be enhanced through practice/ training  |

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| Student needs cues to |

 Define the differences between skill and health related fitness and explain how the respective components can be enhanced through practice/ training | Student needs assistance to Define the differences between skill and health related fitness and explain how the respective components can be enhanced through practice/ training  |
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|  **Demonstrate rules and procedures that promote sportsman-like behaviors, participation, and safety during team activities and games**  |

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| Student can demonstrate rules and procedures that promote sportsman-like behaviors, participation, and safety during team activities and games  |

 | Student needs cues to

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| Demonstrate rules and procedures that promote sportsman-like behaviors, participation, and safety during team activities and games  |

 | Student needs improvement in

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|  Demonstrate rules and procedures that promote sportsman-like behaviors, participation, and safety during team activities and games  |

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| **Develop methods and strategies that will promote character development in individual, group, an team environments.****(Wellness)** | Student can Develop methods and strategies that will promote character development in individual, group, a team environments.  | Student needs cues in developing methods and strategies that will promote character development in individual, group, and team environments. | Student needs assistance in developing methods and strategies that will promote character development in individual, group, and team environments.  |
| **Participation and preparedness** | Student is consistently actively engaged in the lesson; always uses time wisely; and demonstrates an eager readiness to learnForgot sneakers 1-2 times | Student is engaged in the lesson most of the time; sometimes uses time wisely; and at times demonstrates a readiness to learnForgot sneakers 3-5 times | Student is rarely engaged in the lesson; time on task needs improvement and rarely demonstrates a readiness to learnForgot sneakers 6 or more times |